

Matcha

Pro Matcha contains the world's finest and most renowned DōMatcha brand matcha tea, imported by Andrews & George, Vancouver, Canada. The whole tea leaf is consumed providing an arsenal of nutrients, vitamins, minerals, antioxidants, and amino acids –

WHOLE FOOD PROTEIN + MATCHA TEA

- Sustainable
- Non-GMO
- Gluten Free
- Vegan

making it one of the healthiest beverages on Earth. To match the potency in a single serving of Matcha, you would need to drink at least 10 cups of green tea. Matcha is unique in that it provides L-Theanine, an amino acid that

promotes a relaxed yet productive alertness and mood enhancement. L-Theanine works synergistically with the caffeine in Matcha to provide clarity and concentration without the jitters. Matcha provides sustained energy for up to 4 hours without the crash you may feel with coffee. Also unlike coffee, DōMatcha is alkalizing rather than acidic. Matcha has been renowned in Zen Buddhist culture for centuries due to its mood and concentration enhancing effects. It also has 6 times more amino acids than common black and green teas and is loaded with chlorophyll, a major detoxifier.

Protein

Algal, Sacha Inchi, Yellow Pea, and Spirulina provide 21 grams of protein. This strong protein combination curbs hunger, provides Omega 3,6,9 fatty acids (in proper ratios), detoxifies, is low in carbs, boosts immunity, and is easily absorbed. Pro Matcha protein contains all essential amino acids and branched-chain amino acids (BCAAs). Amino acids, the building blocks of proteins, have various functions related to energy production. There are 9 essential (must get from our diets) amino acids and 12 non-essential (produced by the body) amino acids. BCAAs represent 40% of the daily requirement of all 9 essential amino acids. BCAAs have been used to prevent fatigue, improve concentration, and to avoid or lessen sore muscles after exercise. Exercise creates an increase in serotonin levels, which can reduce stress but can also cause fatigue. BCAAs are believed to decrease serotonin levels, thus cancelling out the fatigue from exercise and enhancing exercise performance. Additionally, BCAAs have been shown to help with muscle synthesis and prevent muscle loss.

Pro Matcha is

- Low carb
- Hypo-allergenic
- Digestible
- pH balancing

Contains

- All essential amino acids & BCAAs
- Fiber
- Vitamins
- Minerals
- Phytonutrients

And...

- Energizes
- Aids in weight control
- Curbs hunger
- Detoxifies
- Supports immunity

Pro Matcha is perfect for pre or post workout and is suitable for vegan & vegetarian diets. It's the perfect addition to smoothies, lattes, and can be used for baking.

Directions

Combine ingredients in blender until smooth.



Chocolate Crème

Supplement Facts

Amount per serving	%Daily Value
Calories	140
Calories from fat	.25
Total Fat	2.6 g4%**
Saturated	0.7 g2%**
Trans Fat	0 g
Cholesterol	0 g0%**
Total Carbohydrate	8 g3%**
Dietary fiber	3 g14%**
Sugars	5.1 g
Protein	22 g44%**
Vitamin A (from beta-carotene)	750 i.u.15%
Vitamin B12 (as Methylcobalamin)	200 mcg ...3,330%
Vitamin C	2.5 mg4%
Vitamin K	25 mcg30%
Calcium	65 mg8%
Iron	6 mg35%
Sodium	290 mg12%**
Potassium	150 mg4%**
Yellow Pea 80% protein powder	21 g*
Chlorella protothecoides algal 70% protein	3 g*
DōMatcha® Matcha green tea powder	1.3 g*
Sacha Inchi seed (Plukenetia volubilis) 60% protein pdr...	1.09 g*
Spirulina powder certified organic	1 g*
L-Methionine	425 mg*
Alpha-galactosidase	1,200 GAL*
Protease 3.0 from Aspergillus oryzae	20,000 HUT*
Protease 4.5 from Aspergillus niger	75 SAPU*
Sugar cane juice powder certified organic	5 g*
Cocoa powder certified organic	4.2 g*
Lo Han Guo 80% magroside extract	245 mg*
Xanthan Gum	130 mg*

**Percent Daily Values Based on a 2,000 calorie diet
*Daily Value not established

Other Ingredients Natural chocolate crème flavor (1.3g)
Caffeine Content 20mg per serving

Vanilla Crème

Supplement Facts

Amount per serving	%Daily Value
Calories	130
Calories from fat	20
Total Fat	2 g3%**
Saturated	0.4 g2%**
Trans Fat	0 g
Cholesterol	0 g0%**
Total Carbohydrate	8 g3%**
Dietary fiber	2 g8%**
Sugars	5 g
Protein	21 g42%**
Vitamin A (from beta-carotene)	750 i.u.15%
Vitamin B12 (as Methylcobalamin)	200 mcg ...3,330%
Vitamin C	2.5 mg4%
Vitamin K	25 mcg30%
Calcium	60 mg6%
Iron	5.4 mg30%
Sodium	280 mg12%**
Potassium	90 mg3%**
Yellow Pea 80% protein powder	21 g*
Chlorella protothecoides algal 70% protein	3 g*
DōMatcha® Matcha green tea powder	1.3 g*
Sacha Inchi seed (Plukenetia volubilis) 60% protein pdr...	1.09 g*
Spirulina powder certified organic	1 g*
L-Methionine	425 mg*
Alpha-galactosidase	1,200 GAL*
Protease 3.0 from Aspergillus oryzae	20,000 HUT*
Protease 4.5 from Aspergillus niger	75 SAPU*
Sugar cane juice powder certified organic	5 g*
Lo Han Guo 80% magroside extract	295 mg*
Xanthan Gum	170 mg*

**Percent Daily Values Based on a 2,000 calorie diet
*Daily Value not established

Other Ingredients Natural vanilla crème flavor (1.5g)
Caffeine Content 20mg per serving

PRO MATCHA™

Natural

Supplement Facts

Serving Size 2 scoops (28.06g) Servings per container 15

Amount per serving	%Daily Value
Calories	110
Calories from fat.....	20
Total Fat	2 g3%**
Saturated	0.4 g2%**
Trans Fat.....	0 g
Cholesterol	0 g0%**
Total Carbohydrate.....	3 g1%**
Dietary fiber	2 g8%**
Sugars	0 g
Protein	21 g42%**
Vitamin A (from beta-carotene)	750 i.u.15%
Vitamin B12 (as Methylcobalamin)	200 mcg3,330%
Vitamin C	2.5 mg4%
Vitamin K	25 mcg30%
Calcium	60 mg6%
Iron	5.4 mg30%
Sodium	280 mg12%**
Potassium.....	90 mg3%**
Yellow Pea 80% protein powder	21 g*
Chlorella protothecoides algal 70% protein	3 g
DōMatcha® Matcha green tea powder.....	1.3 g
Sacha Inchi seed (Plukenetia volubilis) 60% protein pdr....	1.09 g
Spirulina powder certified organic	1 g
L-Methionine	425 mg
Alpha-galactosidase	1,200 GAL
Protease 3.0 from Aspergillus oryzae.....	20,000 HUT.....*
Protease 4.5 from Aspergillus niger	75 SAPU.....*

**Percent Daily Values Based on a 2,000 calorie diet

*Daily Value not established

Caffeine Content 20mg per serving



PRO MATCHA™

Directions As a dietary supplement, once each day - or more often if you would like - mix two level scoops (enclosed) of Pro Matcha into 8 ounces of your favorite juice, rice or almond beverage, or water. Stir briskly. Drink and prosper. If you are pregnant, planning to become pregnant, breast feeding, taking any prescription medications or have a medical condition, consult your physician or healthcare professional before taking this product. Store in a cool, dry place. Keep out of reach of children.

Available in Natural, Chocolate Crème and Vanilla Crème flavors.



Our Mission Optimum Health

To assist through supplemental nutrition the healing of illness and the establishment of optimum health. To design and market the most efficacious Nutritional Food Supplements for the benefit of all men, women and children.



*Formulated by Mark Timon,
Founder, Vibrant Health
MS Clinical Nutrition

*These statements have not been evaluated by the FDA.

This product is not intended to diagnose, treat, cure or prevent any disease.

VIBRANT HEALTH | 800.242.1835 | vibranthealth.com

© 2015 Vibrant Health | Printed on Recycled Paper (10% PCW)

PRE WORKOUT | POST WORKOUT

protein + matcha tea



22g per Serving
PROTEIN

Available in

Natural

Chocolate Crème

Vanilla Crème

Boosts Metabolism

Low Carb/Low Sugar

Productive Energy

